

ANXIETY DISORDERS IN CHILDREN AND ADOLESCENTS: An Educational Forum



Transient fears and anxieties can be a part of normal childhood development, but if the anxiety causes excessive distress and/or interferes with school performance, activities, or relationships with family or friends, it could be an indication of an anxiety disorder. Anxiety disorders can be disabling and are surprisingly common, affecting up to 30% of all youth. The good news is that effective treatments are available. To learn more about anxiety disorders in children and adolescents, including the latest research advances and treatment options, we hope you will join us for this educational forum. This event is free and open to the public, and is appropriate for parents of students at any grade level. AAPS staff members are also encouraged to attend.



**Tuesday, May 12 from 7:00-8:15 p.m.
Huron High School "New Theater"
2727 Fuller Road, Ann Arbor**

Kate Fitzgerald, MD, a clinical lecturer in the Child and Adolescent Anxiety Program and member of the Depression Center at the University of Michigan, will discuss the presentation and treatment of anxiety disorders in youth. This will be followed by questions from the audience and discussion with expert panelists.

This forum is presented as part of an ongoing educational partnership between the University of Michigan Depression Center and the Ann Arbor Public Schools.

For more information about this event, please contact Trish Meyer at the U-M Depression Center: meyerpa@umich.edu



To learn more about the AAPS and Depression Center partnership, please visit www.depressioncenter.org/schools/